

GIVING MATTERS



Chinook Regional
Hospital Foundation
Caring About You

IMPACT NEWSLETTER | WINTER 2026



Your generosity at work: Celebrating the Heart of Our Community

February is a time to reflect on compassion and care – values made real every day at Chinook Regional Hospital because of generous supporters like you.

During Heart Month, we are reminded that exceptional healthcare is about people coming together with purpose. Your generosity over the past year helped fund vital medical equipment, strengthen patient care, and deliver hope to patients and families across our region.

This year's Giving Matters highlights the meaningful impact of your compassion and the difference you continue to make for our hospital and community.

Southern Albertans served:

200,548

Total Charitable Gifts 24/25

\$6,120,550.49

CRH FOUNDATION | GIVING MATTERS

Because you gave

Donors Bring Cutting-Edge Care to southern Alberta

Thanks to donor support, women in southern Alberta are benefiting from Magseed technology—an innovative, wire-free approach to breast cancer surgery. Magseed allows surgeons to accurately locate hard-to-detect tumors without painful pre-operative wires or radioactive injections, reducing anxiety, surgical delays, and the need for repeat procedures. This investment is helping provide safer, more compassionate care for the approximately 150 women diagnosed with breast cancer in our region each year.

“This technology puts patient comfort and precision at the forefront.”

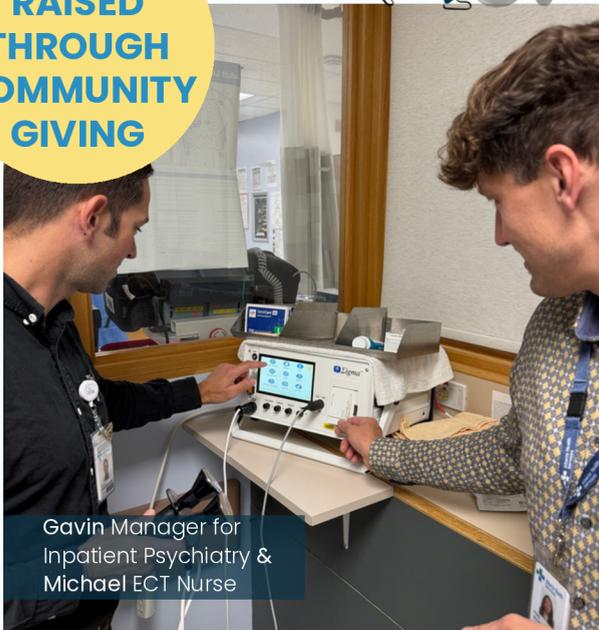
—Dr. Tony Gomes



Dr. Tony Gomes
General Surgeon at CRH

**FUNDED BY
DONOR
SUPPORT**

**\$\$\$
RAISED
THROUGH
COMMUNITY
GIVING**



Gavin Manager for
Inpatient Psychiatry &
Michael ECT Nurse

Impact That Changes Lives

Thanks to donor support, patients in southern Alberta have improved access to life-saving mental health treatment through the Electroconvulsive Therapy (ECT) machine at Chinook Regional Hospital. For individuals living with severe depression and other serious mental health conditions that have not responded to medication, ECT can provide rapid and effective relief. This essential equipment ensures timely, safe treatment close to home—reducing the need for travel and helping patients begin their recovery sooner, surrounded by the support of their community.

“The ECT machine allows us to continue providing life-changing care that is so important to our community in southern Alberta.”

—Gavin Marcinkowski



Thank you from the Foundation

Thank you to each and every donor who has chosen to support us and stand beside us in our mission because Giving Matters. Your generosity strengthens patient care, funds vital equipment, and brings comfort and hope to patients and families across our community. Together, you help ensure high-quality care remains close to home when it matters most.



WORKING TOGETHER



Ronald McDonald House Alberta

Rolling Comfort to Our Youngest Patients

Thanks to donor support, families and patients at Chinook Regional Hospital receive moments of comfort through the Ronald McDonald House Comfort Cart. The cart provides complimentary snacks, beverages, and small essentials to patients and families spending long hours at the hospital—often during some of the most stressful moments of their lives. This simple but meaningful support helps ease emotional and financial strain, reminding families that their community is here for them when they need it most.

“The little bit of kindness that’s provided with a coffee or a snack when you’ve been in the hospital all day is huge. You don’t understand how big of a gesture it is until you’re in that situation.”

–Santana Stewart RN – NICU



Volunteers with Comfort Cart.

Cluser together

Donate today at www.ronaldmcdonaldhousealberta.org

Bringing Hearts Home:

A Story of Second Chances

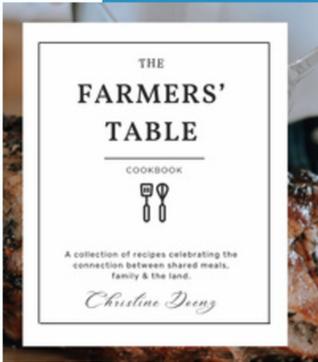
On a cold February night after a curling game, I found myself in the back of an ambulance, my heart failing and my future uncertain. Years of unexplained symptoms could no longer be ignored. A month later, at just 30 years old, I became one of the youngest people in Lethbridge to receive a pacemaker, facing surgery alone as the pandemic began.

When complications followed and a second surgery was needed, the reality became clear if something went wrong, I would have to be sent to Calgary. The specialized cardiac care I needed wasn't available close to home.

I was fortunate. I got a second chance.

That experience inspired me to give back and help ensure others don't face the same uncertainty. Through The Farmers' Table Cookbook, I was proud to raise \$10,000 in support of the Bringing Hearts Home campaign helping bring critical cardiac care closer to home for families across Southern Alberta.

Because this isn't just my story. It's all of ours.



Giving truly does matter. Here's four easy ways you can do just that:

Become a Monthly Donor

Make a Legacy Gift

Give the Gift of Securities

Honour a Loved One



Click to donate!





Crystal Elliott
Chief Executive Officer

WHY GIVING MATTERS

“ Because of donors like you, our hospital can deliver care that is not only clinically excellent, but deeply compassionate, today and into the future.
- Crystal Elliott CEO

UPCOMING EVENTS

Care From the Heart
February 12th

Hearts & Health Classic
August 26th

Christmas Tree Festival
November 2026

Lights of Hope
December 2026

Campaign:
Bringing Hearts Home
Ongoing

Lotteries:
50/50 Lottery
Bi-weekly

Truck Raffle
May 14th - September 3rd
Rotary Catch the Ace
Weekly

Split the Pot
Every Wednesday. Every Week.
Every Month



**Chinook Regional
Hospital Foundation**

960 19 St S, Lethbridge, AB, T1J 1W5

P: (403) 388-6001

E: info@crhfoundation.ca

Charitable Registration Number: 10762 3241 RR0001